

Patient name: _____ DOB: _____ Date: _____

Current Medications

Please list all medications you are taking at this time, include vitamins, topicals, injections, supplements & herbal or provide a complete list (use bottom of form if needed)

Name of Drug	Dose (include strength and number of pills per day)	How long have you taken this medication?	Why do you take this medication?
1			
2			
3			
4			
5			
6			
7			
8			

PHARMACY _____ (for local prescriptions)

Allergies-*Please list all medications and environmental agents you are allergic to. Please include what type of reaction you have (hives, nausea, breathing problems, etc.) and severity.*

Past Medical History- *Please include all medical problems such as diabetes, high blood pressure, etc.*

Past Surgical History- *Please list all procedures including surgeries, colonoscopies, heart catheterizations, etc. And approximate year performed.*

PRIMARY CARE PHYSICIAN _____ **address** _____

Phone number _____

Revised 4/2025

Patient name: _____ DOB: _____ Date: _____

Family Medical History: unknown _____ adopted _____

 Mother ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

 Father ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

 Sister ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

 Brother ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

Maternal Grandmother ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

Maternal Grandfather ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

Paternal Grandmother ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

Paternal Grandfather ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

Maternal specify Aunt/uncle ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder

Paternal specify Aunt/Uncle ☐ Cancer: type _____ ☐ stroke ☐ heart disease ☐ diabetes
 Other _____ ☐ dementia ☐ blood/genetic disorder



Patient name: _____ DOB: _____ Date: _____

Social History

SMOKING/NICOTINE

Do you currently smoke? Yes/No

If Yes: how many years _____

how many cigarettes/packs per day _____

Have you ever smoked? Yes/No

If Yes: When did you quit: _____

Do you currently or have you ever used any other nicotine products such as patches or gum? Current/Former/Never

Have you ever or do you currently use any type of smokeless tobacco? Current/Former/Never chew/snuff

Have you ever or do you currently vape or use e cigarettes? Current/Former/never

ALCOHOL

Do you currently drink alcohol? Yes/No/never

If Yes: how many drinks/month _____

SUBSTANCE USE

Have you ever used illegal substances? CIRCLE--- In the past/ currently/ never

What type _____ & How often _____

If in the past When did you quit _____

SEXUAL ACTIVITY:

Are you sexually active: Yes/No Male/female partner Women: first day of last period _____

If sexually active could you be pregnant yes/no/na What birth control method do you use? _____

SOCIOECONOMIC

Are you employed? Yes/No Retired? yes/no Disabled? yes/no

If Yes: What type of work do or did you do or title _____

DEMOGRAPHICS

Marital status

Are you: Single Married Legally Separated Divorced Widowed Significant other

Spouse/Significant other's Name _____

Number of living Biologic Children _____ number of living stepchildren _____ number of adopted children _____

SOCIAL DOCUMENTATION

Do you participate in any physical activity ? Yes/No/never

If Yes, what and how often _____

Do you care for any large animals (over 40 pounds)? Yes/no type _____

Do you have to help care for disabled dependents or family members? Yes/no if yes who? _____

If Yes does the care involve physical lifting Yes/no

Obstetric history-*females only*

Number of pregnancies _____ Number of vaginal deliveries _____

Number of miscarriages _____

Number of cesarean sections _____ Number of abortions _____

Review of Systems (symptoms within the last 7 days)

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Constitution

Fatigue	YES	NO
Fever	YES	NO
Unexpected Weight Change	YES	NO
Other _____	YES	NO

Rash	YES	NO
Wound	YES	NO

Immunosuppressed

Immunocompromised	YES	NO
Other _____	YES	NO

Ear/Nose/Throat

Congestion	YES	NO
Hearing Loss	YES	NO
Nosebleeds	YES	NO
Sinus Pain	YES	NO
Sore Throat	YES	NO

Neurological

Dizziness	YES	NO
Facial Asymmetry	YES	NO
Headaches	YES	NO
Light Headedness	YES	NO
Numbness	YES	NO
Seizure	YES	NO
Fainting	YES	NO
Weakness	YES	NO

Eyes

Visual Disturbance	YES	NO
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Respiratory

Cough	YES	NO
Shortness of breath	YES	NO
Wheezing	YES	NO
Other _____	YES	NO

Hematologic

Bruises easily	YES	NO
Other _____	YES	NO

Cardiovascular

Chest Pain	YES	NO
Leg Swelling	YES	NO
Palpitations	YES	NO
Other _____	YES	NO

Psychiatric

Confusion	YES	NO
Dysphoric Mood	YES	NO
Nervous/Anxiety	YES	NO
Suicidal Ideas	YES	NO

Endocrine

Cold Intolerance	YES	NO
Heat Intolerance	YES	NO
Other _____	YES	NO

Gastroenterology

Abdominal Pain	YES	NO
Constipation	YES	NO
Nausea	YES	NO
Vomiting	YES	NO
Diarrhea	YES	NO
Lactose Intolerant	YES	NO

Urinary/Reproductive

Difficulty Urinating	YES	NO
Painful Urination	YES	NO
Frequent Urination	YES	NO
Blood in Urine	YES	NO
Urgency	YES	NO

Musculoskeletal

Joint Pain	YES	NO
Back Pain	YES	NO
Difficulty Walking	YES	NO
Joint Swelling	YES	NO
Muscle Pain	YES	NO

Female

Vaginal Bleeding	YES	NO
Vaginal Discharge	YES	NO

Skin

Color Change	YES	NO
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